

School Party Food Options

The following items meet the nutritional guidelines set forth in state-mandated Policy 4321.1.

Fresh Fruit Trays* (or any whole fruits or fruit cut up at the school)

Dried Fruits (including raisins)

Fresh Vegetable Trays* (or any vegetables cut up at the school)

Yogurt

String Cheese



Note the descriptions and packaging sizes given. These particular items, at the indicated package size, fall within the guidelines. Ingredients may change so please visit WVDE's Nutrition Calculator <http://wvde.state.wv.us/nutrition/calculator.html> as a source to confirm whether or not a snack meets the guidelines of Policy 4321.1.

*Many prepackaged fruit/vegetable trays contain dips (i.e. caramel, ranch) that typically do not meet the guidelines.

Animal Crackers - 1 oz package

100 Calorie - Chocolate Caramel - 6 ct

100 Calorie Cinnamon Coffee Cakes - 6 ct

100 Calorie Right Bites - Chips Deluxe - Chocolate Chip Cookies - 6 ct

Pop-Tarts Mini Crisps - Frosted Brown Sugar Cinnamon

Pop-Tarts Mini Crisps - Strawberry

100 Calorie - Thin Crisps - Oreo - 6 ct

100 Calorie - Thin Crisps/Cookie Crisps - Chips Ahoy! - 6 ct

100 Calorie - Toasted Chips - Baked Snack Crackers - 6 ct

Wafer cookies- Mini - 1 oz

Goldfish Crackers - 100 Calorie Cheddar Goldfish

Goldfish Crackers - 100 Calorie Goldfish Colors

Goldfish Crackers - 100 Calorie Pretzel Goldfish

Chewy 90 Calorie Granola Bars - Chocolate Chunk - 10 bars

Chewy 90 Calorie Granola Bars - Oatmeal Raisin - 10 bars

Chewy 90 Calorie Granola Bars - Strawberry Vanilla - 10 bars

Graham Snacks - Chocolate - 0.75 oz package

Graham Snacks - Cinnamon - 0.75 oz package

