


Fresh Fruit, Juice, Cereal, Milk & Yogurt offered every Breakfast		September 2018 Harrison County Schools		Fresh Fruit & Milk offered every Lunch	
Monday	Tuesday	Wednesday	Thursday	Friday	
	4 B- Blueberry Muffin L- Corndog Mac n Cheese Baked Beans Pears	5 B- Egg McMuffin L – Salisbury Steak Mashed Potatoes Strong as an OX Green Beans Freshly Baked WG Roll Mixed Up Fruit	6 B- Cinnamon Toast L – Breaded Chicken on WG Bun X-Ray Vision Carrot Sticks Parsley Buttered Potatoes Fruited Jello	7 First Day of Gauley Season B- Banana Bread and String Cheese L - School Made Pizza Tossed Salad Yogurt Corn Mandarin Oranges	
	10 B- Pancake on a stick L- Creamed Chicken Mashed Potatoes Peas WG Biscuit Mixed up Fruit	11 Patriots Day B- Breakfast Pizza L- Beef Taco Let/Tom/Salsa Mexican Cheesy Rice Kidney Beans Peaches	12 B- Cheese Omelet/WG Toast L - Lasagna Rolls – Secondary Spaghetti/Meatballs - Elementary Tossed Salad Garlic Bread Chunky Pineapple	13 B- Yogurt Parfait L - Chicken and Cheese Quesadilla Roasted Red Potatoes Steamed Broccoli Floret Pears	14 B- Wild Berry Bread/String Cheese L - Grilled Cheese Sandwiches Soup of the Day Celery Sticks and WOW Butter Applesauce
	17 B- Apple or Cherry Frudel L – Mandarin Orange Chicken Asian Rice Stir Fry Vegetables Mandarin Oranges	18 B – Blueberry Bagel & Cream Cheese L – Rotini and Meat Sauce Tossed Salad Freshly Baked WG Roll Peaches	19 B – Cinnamon Rolls L – Savory Baked Chicken Buttered Egg Noodles Steamed Broccoli Spears Freshly Baked WG Roll Mixed up Fruit	20 B – Churro L - Meatloaf Mashed Potatoes Pass the Peas Please Applesauce Freshly Baked WG Roll	21 B – Sausage Croissant L – Beef Tips and Gravy Bowtie noodles Corn WG Roll Pears
	24 B- Cheese Omelet/WG Toast L- Pancakes w/ syrup Sausage Hot Apples/Cinnamon Hash Browns	25 2 Hour Early Dismissal B- Egg McMuffin L –Chicken Hoagie Oven Fries Seasoned Carrots Fruit Cocktail	26 B- Breakfast Pizza L- Hamburger or Cheeseburger on WG Bun Lettuce/Tomato Key West Veggies Peaches	27 Happy Birthday Meal B- Yogurt Parfait L –Hotdog on WG Bun Oven Fries (Cole Slaw) Baked Beans Birthday Treat Ice Cream	28 B- Zucchini Bread and String Cheese L- Chicken Penne Pasta Tossed Salad Garlic Bread Applesauce
	October 1 B – Hot Oatmeal and Blueberries L - Nachos with Ground Beef Refried beans Salsa Spanish Rice Apple Crisp	2 B – Pancake on a stick L – Chicken Nuggets Mashed Potatoes Orange Glazed Carrots Pears Freshly Baked WG Roll	3 B –English Muffin/Wow Butter/Jelly L – Sliced Ham Au Gratin Potatoes Green Beans Freshly Baked WG Roll Chunky Pineapple	4 B – Egg/Cheese Biscuit L - Chicken Caesar Salad WG Breadstick Corn Mandarin Oranges	5 Pepperoni Roll Day B – French Toast Sticks L - Pepperoni Roll Tossed Salad Yogurt Cheese Stick Kidney beans Peaches

USDA is an equal opportunity provider.

Meal Applications Available at www.schoolcafe.net

Menus may change due to availability of food items.

Pay Lunch Bills Online at www.schoolcafe.com